## **P16 Sari N**

**Evelyn Boodaghians** [00:00:00]  
OK.

**Bookmark: Introduction and personal background**

**Evelyn Boodaghians** [00:00:02]  
To start off, could you tell me a little bit about yourself, maybe where you live, what you do for fun or for work, anything you're kind of comfortable sharing there?

**P16 Sari** [00:00:11]  
Sure. So I live in New York. I live with my husband, my two kids and my dog. I have two jobs and work full time and keep pretty busy and handling everything for the home, the kids like you've mentioned caregiving responsibilities and work.

**Evelyn Boodaghians** [00:00:34]  
What parts of New York are you in?

**P16 Sari** [00:00:36]  
Westchester.

**Evelyn Boodaghians** [00:00:38]  
Very cool. So you mentioned you have two kids. What are your kids ages now?

**P16 Sari** [00:00:44]  
16 and 18.

**Evelyn Boodaghians** [00:00:47]  
And 18 and then tell me a little bit about child care for the kids now that they're 16 and 18. What does that look like for you?

**Bookmark: Childcare and meal preferences**

**P16 Sari** [00:00:58]  
In some ways easier, in some ways more difficult as it relates to food. I know you touched upon this before. It was in some ways easier when they were younger in the sense that everyone ate the same thing. This is what was served and that was it. Now I have children that are very vocal with their preferences. So now it's not OK, you know, here's everything, you know, something that everybody eats. Sometimes there is a lot more input and collaboration or ordering of separate things or separate meals. Sometimes it's a matter of ordering. You know, we'll be ordering in and we're ordering from two different restaurants because people can't agree.

**Evelyn Boodaghians** [00:01:43]  
OK. And we'll definitely get into that a little bit more just later on.

**Bookmark: Independence of the children**

**Evelyn Boodaghians** [00:01:49]  
Thinking about your kids, how would you describe their independence? How independent would you say they are?

**P16 Sari** [00:02:00]  
Defined by what exactly? In? In context of what?

**Evelyn Boodaghians** [00:02:05]  
In context of general, like if someone if a friend was to ask you how do you feel like your kids are growing?

**P16 Sari** [00:02:09]  
Up. I would say it depends on what and in what areas. My son is at a point that he is very independent, extremely independent, whereas my daughter is more dependent when it comes to mealtimes and some support that she may need.

**Bookmark: Son's independence and responsibilities**

**Evelyn Boodaghians** [00:02:31]  
You mentioned your son is very independent, So what are the things that like he handles on his own now, the EC?

**P16 Sari** [00:02:38]  
Pretty much everything he's, he handles everything. He's been cooking some of his own meals for the first time. He he's able to drive everywhere. He's independent when it comes to his school and his social schedule. So he kind of he handles all of that.

**Evelyn Boodaghians** [00:03:01]  
Is your son your 18 year old? Just to confirm? Yes. OK. And is he still in high school or is he in starting college now? What kind?

**P16 Sari** [00:03:09]  
Of he's going to start college.

**Evelyn Boodaghians** [00:03:11]  
OK. This year, OK. Will he be going from home? Moving away?

**P16 Sari** [00:03:18]  
Moving away. I move him in tomorrow. Don't make me cry.

**Evelyn Boodaghians** [00:03:23]  
OK, we won't touch too much on that, no.

**P16 Sari** [00:03:25]  
It's fine. It's.

**Evelyn Boodaghians** [00:03:27]  
Fine, very cool. OK. OK. And then your daughter is in high school. Yes, you mentioned she's a little bit more dependent. You mentioned things like mealtimes and needing some extra support. Tell me a little bit what you meant by that.

**Bookmark: Daughter's dependence and mealtime dynamics**

**P16 Sari** [00:03:43]  
Well, just in general, you know, meals with her, like my son, operate. My son is very independent and always has been. He likes to do what he likes to do when he wants to do it, without the consideration or thoughtfulness of everyone else. My husband's like that also, whereas my daughter is more like, OK, what time are we having dinner? Like there's an assumption, like, OK, we're all gonna have dinner. We're gonna try to have dinner together. What's for dinner? What are we having? Whereas my son and my husband, it's like, OK, we're hungry, so we're just gonna eat.

**Evelyn Boodaghians** [00:04:15]  
I see. OK. You mentioned that your son drives.

**Bookmark: Driving and rules for daughter**

**Evelyn Boodaghians** [00:04:20]  
Does your daughter drive?

**P16 Sari** [00:04:22]  
She just started.

**Evelyn Boodaghians** [00:04:23]  
OK, thinking about driving with your daughter, let's say. What do you where do you see her driving? Are there any rules you guys have around driving with her?

**P16 Sari** [00:04:35]  
Well, she does not have her full license, so she has to be home before 9:00. So there there's some rules regarding that and curfew and the amount of people she could have in the car. She's been she's been driving to work during the summer. And in addition to that, sometimes we'll run out if I'm working during the day. Like yesterday I was working all day. So she ran out to grab lunch, you know, at like Dunkin' Donuts and then came home. So there's a lot some of that happening this summer.

**Evelyn Boodaghians** [00:05:14]  
And then how about your son was driving?

**Bookmark: Driving and rules for son**

**Evelyn Boodaghians** [00:05:16]  
What do you see? Like where do you see him driving? Any rules with him?

**P16 Sari** [00:05:22]  
He has a curfew, but there's, you know, he doesn't have the restrictions based on his license 'cause he has a full license now. But for him, you know, he's either driving someplace he has to go or he'll, I have him do errands for me, you know, whether it's food shopping or dropping something off at the post office or whatever else. So he has he has greater freedom with the driving.

**Evelyn Boodaghians** [00:05:51]  
When your kids want to drive, is there any like asking or they have to check with you or not? So much for now.

**P16 Sari** [00:06:01]  
They're not asking for permission, but kind of, you know, letting me know my son will be like, oh, you know, I'm going to my friend's house or, you know, the same thing with my daughter. So there's I encourage communication, of course. And you know, the rule that we have is there life 360 has to be on that. I'm always aware where they are.

**Evelyn Boodaghians** [00:06:20]  
OK, Life 360. I've heard a little bit about it but not super familiar. Tell me, how do you use that right now?

**P16 Sari** [00:06:28]  
It's an app that we're all connected to, so I could see where they are at any given point in time. I could see their history, how long they were someplace. I could also see the speed that they're driving.

**Evelyn Boodaghians** [00:06:40]  
OK. And how is that working? How do you feel like it's going with the Life 360 app for you right now?

**P16 Sari** [00:06:47]  
Oh, I love it.

**Evelyn Boodaghians** [00:06:50]  
Is there anything you wish that that app would let you do that it doesn't currently do or?

**P16 Sari** [00:06:55]  
For the for how we're using it, it's suitable for our needs.

**Evelyn Boodaghians** [00:06:59]  
OK, All right. And then do your kids have cell phones?

**Bookmark: Cell phone usage and communication**

**P16 Sari** [00:07:05]  
Yes.

**Evelyn Boodaghians** [00:07:05]  
OK, tell me a little bit about how do you see them using their cell phones right now?

**P16 Sari** [00:07:12]  
They don't have any limitations and they use it as they want to.

**Evelyn Boodaghians** [00:07:19]  
When did they get their first cell phones?

**P16 Sari** [00:07:23]  
I think they were around 12 years old or so, 11, maybe 11.

**Evelyn Boodaghians** [00:07:30]  
And what kind of led to the decision to get them cell phones?

**P16 Sari** [00:07:34]  
So in the town that this actually sounds obnoxious, but in the town that we live in, when you graduate, I guess it's elementary school and going to junior high or middle school, they have greater independence that they don't have to take the bus home. They're able to go on someone else's bus or go home with someone else. So by them having cell phones, it, you know, like every kid in our town gets a cell phone when they're going into middle school so that they could have that ease of communication with their families.

**Evelyn Boodaghians** [00:08:12]  
Gotcha so when that happened, the kids no longer take the bus how to drop off and pick up they.

**P16 Sari** [00:08:20]  
Do take they can take the bus they could just go on a different bus they can go home with someone else I'll.

**Evelyn Boodaghians** [00:08:25]  
See.

**P16 Sari** [00:08:26]  
Like in elementary school, they have to go home on their bus and someone that they know has to be at the bus stop waiting for them. Then they get to middle school, no one has to be at the bus stop waiting for them, and they could go on another kids bus and go home with a friend.

**Evelyn Boodaghians** [00:08:41]  
OK, I see so.

**P16 Sari** [00:08:42]  
Just or not even take a bus, they could walk into town. So this way you know everyone has a cell phone so they could communicate.

**Evelyn Boodaghians** [00:08:50]  
OK, that makes sense. OK, great. So I want to transition into talking a little bit about Food for the Family.

**Bookmark: Food routines and eating together**

**Evelyn Boodaghians** [00:08:59]  
So we'll start broad and then I'll have some more narrowing in questions. But tell me off the top of your head, like what does a typical week look like for Food for the Family?

**P16 Sari** [00:09:14]  
Three meals a day, my daughter 3 snacks a day, my son and my husband don't snack. I'm definitely a grazer snacker all day. Breakfast is something that is usually homemade or maybe you're in the home. Lunch, maybe dinner sometimes. Sometimes we're ordering in, sometimes I'm cooking something.

**Evelyn Boodaghians** [00:09:46]  
So sounds like breakfast is at home most of the time or all the time. Lunch and dinner is kind of where it's variable, yes. OK.

**Bookmark: Family dinner routines**

**Evelyn Boodaghians** [00:09:57]  
And then you mentioned something around like eating together versus eating separately. Tell me how that works in your.

**P16 Sari** [00:10:03]  
Family. Really it depends on everyone's schedule. We often don't always have dinner together. Typically, you know, it depends on what the kids plans are or sports or during the year or activities or whatever else. Usually Sunday night we try to make an effort to have family dinner together because we're usually more around. For example, tonight, because it's my son's last meal at home before he goes to college, we're going to have dinner together. We happen to all be home together last night, so we had, oh, but last time Sunday anyway, but we had dinner together. But usually, a lot of times it's my daughter and I usually eat together because again, there's that consideration and thoughtfulness factor. And my son, you know, I'll kind of try to get him to eat with us if he hasn't already or if he's around or doesn't have plans. And my husband's a wild card.

**Bookmark: Cooking and eating out habits**

**P16 Sari** [00:11:03]  
It depends on when he gets home from work and if he's hungry or not.

**Evelyn Boodaghians** [00:11:11]  
And then you mentioned like this cooking versus eating out, how is that the same or different for weekdays versus weekends? Do you see any very?

**P16 Sari** [00:11:22]  
Weekends we're more likely to order in or go out to a restaurant. Weekdays, typically we're more likely to be home and then as far as kind of ordering in or me preparing something or just preparing something easy, it really depends on what my work day look like and what we have around the house.

**Evelyn Boodaghians** [00:11:44]  
OK, and we'll get into cooking. I first want to talk about grocery shopping, then we'll get into cooking a bit.

**Bookmark: Grocery shopping methods**

**Evelyn Boodaghians** [00:11:49]  
So tell me, what does food shopping look like for your family right now?

**P16 Sari** [00:11:57]  
It looks like I am ordering, you know, getting things in a in a cart and then picking it up. Or sometimes I'm sending one of the kids with a list to pick up some items. Now that they're driving, sometimes my son or my daughter will just tell me that they want to go 'cause they want to pick some things up and then I'll add things to the list that they want to pick up or, or sometimes, you know, my daughter will ask me to go with her and we'll go together.

**Evelyn Boodaghians** [00:12:30]  
It sounds like sometimes you are doing ordering online and picking up. Is that did I get that right? Yes. Why? When did that start? Why do you use ordering online pick up?

**P16 Sari** [00:12:42]  
That started during COVID because of the exposure, limiting the exposure. And typically I do that when there is, if there is a big order that I don't want to be bothered with, like going through the store. So if it's like a really big order, then I'll order online. Or if I don't have a lot of time then I might do that as well.

**Evelyn Boodaghians** [00:13:14]  
How often would you say that's happening where you don't have time or there's a big order so you do this?

**P16 Sari** [00:13:20]  
Maybe once a month. OK.

**Evelyn Boodaghians** [00:13:26]  
So then the rest of the times, what's happened for the rest of the month, What's happening with the groceries?

**P16 Sari** [00:13:32]  
I'm trying to send in one of the kids or a lot of times too. A lot of times if it's not, like if it's not fridge or freezer items, I'll order it online and just have it delivered.

**Evelyn Boodaghians** [00:13:48]  
Oh, OK. So you're also doing delivery?

**P16 Sari** [00:13:50]  
Yeah. Oh, yeah. OK.

**Evelyn Boodaghians** [00:13:53]  
And you said something interesting, not fridge or freezer items. Tell me more about that. Why is that kind of excluded?

**P16 Sari** [00:13:58]  
Well, because it's like, you know, just with the subscriptions that I have, you know, that, you know, if, if, if it's kind of through, if I'm placing an order with Target or on Amazon or Walmart, that I'll just throw other things in and just have it delivered, OK.

**Evelyn Boodaghians** [00:14:17]  
OK, you mentioned this idea of like making a list and giving it to your kids. So tell me, how does the like grocery list come to be when you have one?

**P16 Sari** [00:14:30]  
I have like a notes on my phone that has a running list of kind of things that we always need. That's like a given. And then, you know, I kind of add and subtract things along the way as we need things.

**Evelyn Boodaghians** [00:14:48]  
Who has access to this notes on your phone?

**P16 Sari** [00:14:51]  
It's a share no with me and my husband, but at this point, like he doesn't even use it. So, you know, I'll just kind of often times just kind of screenshot it and send it to them.

**Evelyn Boodaghians** [00:15:03]  
OK, say screenshot and send.

**P16 Sari** [00:15:08]  
Yeah.

**Evelyn Boodaghians** [00:15:12]  
OK, so how often would you say that you're you or someone in the family is going grocery shopping?

**P16 Sari** [00:15:21]  
At least weekly.

**Evelyn Boodaghians** [00:15:22]  
OK, OK. Thinking about cooking now.

**Bookmark: Cooking responsibilities and frequency**

**Evelyn Boodaghians** [00:15:31]  
Yeah. Tell me a little bit about cooking in the family. Who cooks when?

**P16 Sari** [00:15:36]  
I do well, my son will cook. My son recently started cooking his own meals this summer. But. And sometimes my daughter will prepare, like, her own lunch if I'm working. But when it comes time for, like, dinner, if it's being cooked, it's usually me, Yeah.

**Evelyn Boodaghians** [00:16:02]  
OK, how often are you cooking during the week?

**Bookmark: Frequency of cooking and meal planning**

**Evelyn Boodaghians** [00:16:06]  
Do meal plan.

**P16 Sari** [00:16:09]  
I would say maybe cooking 3:00 to four times a week. That's like cooking a meal or preparing something and then the other days ordering in or just throwing something together or reheating or something.

**Evelyn Boodaghians** [00:16:25]  
OK. So three to four, like cooking days or nights, the rest is kind of thrown together or food delivery.

**Evelyn Boodaghians** [00:16:36]  
You mentioned that your daughter will cook something for lunch or put a sandwich together for lunch.

**Bookmark: Lunch arrangements for daughter**

**Evelyn Boodaghians** [00:16:41]  
I forgot to ask, when she's in school, what does lunch look like for her?

**P16 Sari** [00:16:47]  
She used to go to a school where we used to pack her lunch and then now she's at a school where lunch is provided.

**Evelyn Boodaghians** [00:16:54]  
OK.

**P16 Sari** [00:16:55]  
So I'm off the hook.

**Evelyn Boodaghians** [00:16:59]  
OK, so we used to pack lunch. Now school provides. Great.

**Evelyn Boodaghians** [00:17:08]  
OK, serious. Son prepares his own meals and three to four. OK. I think that was everything with cooking. We'll get it. We'll see. Sometimes questions pop up.

**Bookmark: Challenges with food delivery and individual preferences**

**Evelyn Boodaghians** [00:17:18]  
Tell me about food delivery. Then for the family, what have you noticed recently?

**P16 Sari** [00:17:27]  
What I have noticed this was an insight that I had a few days ago. What I noticed is that my kids have a difficulty just flowing like just going with things. So this presents is a challenge because for example, when it's like, OK, you know, what does everyone want for dinner? Everyone's going to want something different. And given the, you know, the different apps that we have, you know, now it's kind of at a point that everything's accessible, right? So that everyone could kind of order whatever it is that they want, even if it's from different restaurants, different dishes. Although I find that sometimes, you know, sometimes it's a matter of my husband and I deciding, and we're like, OK, we're ordering from here. What do you want? And then they'll go along with it.

**Bookmark: Ordering process and decision-making**

**P16 Sari** [00:18:16]  
But sometimes it's like, oh, well, I'm not really in the mood for that, or I'm really in the mood for this. And then sometimes you know, it'll be separate things.

**Evelyn Boodaghians** [00:18:26]  
What's kind of the breakdown of like everyone agrees or we're doing separate things?

**P16 Sari** [00:18:32]  
Well, no one's ever going to fully agree. So like when my husband and I present the option to them, then they'll come along. It's not that that's meant to be their choice, but this is kind of the option that's been presented. But I would say maybe like 50506040.

**Evelyn Boodaghians** [00:18:52]  
And how do you feel about that?

**P16 Sari** [00:18:56]  
I hate that I'd rather just order from one place. You know, a lot of times I don't like ordering the idea of ordering to begin with just because, you know, a lot of these apps just have such a markup on some of the items, which is that is like a pain point for us. But you know, an ideal situation. I would love for everyone just to get along and be like, this is great. Yes, we would love this for dinner and then ordering.

**Bookmark: Role of the speaker in ordering**

**Evelyn Boodaghians** [00:19:28]  
When you guys are ordering together, who ends up placing the order like physically and why is that come to be that it's you?

**P16 Sari** [00:19:40]  
Because I'm just the organizer, I guess, and the manager of everyone.

**Evelyn Boodaghians** [00:19:49]  
And when it comes to ordering food delivery, how do you think about like tipping and food delivery?

**Bookmark: Attitude towards tipping and food delivery**

**Evelyn Boodaghians** [00:19:56]  
What's kind of your mentality there?

**P16 Sari** [00:20:00]  
If someone's bringing us something, I'm going to tip them.

**P16 Sari** [00:20:06]  
But it's very different from how I was raised because I was raised. If there's the option to pick it up or if there's the option to have it delivered, like growing up, we would always pick it up. Whereas now, you know, convenience is valued more than perhaps the finance of things, my family. So now we're more likely to to order to have it delivered.

**Evelyn Boodaghians** [00:20:35]  
So it sounds like growing up it was more value the money than the convenience, and now money is the secondary convenience's primary. Yeah. Why do you think that shift has happened?

**P16 Sari** [00:20:49]  
I think it's cultural, I think it's society the way it is now, and I think it's kind of by nature of how my family is.

**Bookmark: Kids ordering food independently**

**Evelyn Boodaghians** [00:21:06]  
Thinking about your kids, are there times when they order food for delivery or pick up independently of you? So without you? Yes. OK, we're gonna talk about that then. Tell me a little bit about that. Like what do you see them doing?

**Bookmark: Frequency of kids ordering food**

**Evelyn Boodaghians** [00:21:22]  
How often?

**P16 Sari** [00:21:23]  
And so it really depends, you know, if it's really, if I'm not around, I didn't coordinate with them. So if my husband and I are going out on a Friday night, I may say to the kids, you know, figure out something in order together. Or, you know, if it's one kid that's home, I may just be like, why don't you order something that you want and then they handle it?

**Evelyn Boodaghians** [00:21:46]  
In these two situations it sounds like you're kind of letting them know, like hey figure it out, go order, but at times where they just do it without you saying order.

**P16 Sari** [00:22:01]  
Sometimes. Not very often, but sometimes.

**Evelyn Boodaghians** [00:22:06]  
What situations have you seen that kind of be the case, if any?

**P16 Sari** [00:22:13]  
You know, if I wasn't home or if there wasn't communication as to, you know, what dinner plans are or something like that.

**Evelyn Boodaghians** [00:22:20]  
It sounds like it's rare. Yeah. OK.

**Bookmark: Types of food kids order independently**

**Evelyn Boodaghians** [00:22:26]  
So when you give them the directive, hey, we're going out or hey, you're got to figure something out for food delivery, what types of things do you see them typically ordering in those cases?

**P16 Sari** [00:22:38]  
Usually it's been sushi, sushi or Mexican. They seem to agree on the two of them.

**Evelyn Boodaghians** [00:22:48]  
And how do you feel about your kids doing that independently themselves?

**P16 Sari** [00:22:56]  
I'm fine with that. That's convenient for me.

**Bookmark: Kids having their own accounts for ordering**

**Evelyn Boodaghians** [00:23:03]  
When they do that, do they have their own accounts on their own phones? Do they they?

**P16 Sari** [00:23:08]  
Had they have their own accounts that with our credit cards linked to it. And for me, what's nice about them ordering in is I know there is a likelihood that they'll probably eat more than if it's maybe something that I cooked and then they may not like as much.

**Evelyn Boodaghians** [00:23:26]  
OK, Tell me a little bit more about that. Like why do you like that or why is that? Yeah, just so I understand.

**P16 Sari** [00:23:34]  
It just makes you feel good that they're getting kind of the proper nutrition and having something that they they like and that they're going to complete it or, you know, have a substantial amount of it.

**Evelyn Boodaghians** [00:23:48]  
So you mentioned it's their own accounts, so it's not linked to your the ones on your phone at all? No. OK. And why was that kind of how the system came to be?

**P16 Sari** [00:24:00]  
Because at some point they're going to be doing things on their own and we don't need to have the counseling.

**Evelyn Boodaghians** [00:24:10]  
Thinking about like, oh, I guess sorry, going back when you let them know like hey, you need to order.

**Bookmark: Rules and restrictions for ordering**

**Evelyn Boodaghians** [00:24:17]  
Are there any rules or restrictions that you have in place or not so much?

**P16 Sari** [00:24:22]  
I mean no because they haven't abused it. I mean, if they abused it or excessive then they would be, but usually they're just kind of ordering what they want.

**Evelyn Boodaghians** [00:24:34]  
What in your mind would be like a sign that they're abusing or being excessive?

**P16 Sari** [00:24:41]  
If you know, if my one of my kids was ordering like, you know, two appetizers, 2 entrees, you know, and, and everything else, but they're not.

**Evelyn Boodaghians** [00:24:56]  
OK, OK. Thinking about like currently, how you manage and monitor that, how do you feel that this is working for or is going for the family?

**P16 Sari** [00:25:06]  
I think it's fine for how we use it.

**Evelyn Boodaghians** [00:25:10]  
Is there anything you wish you could do that you currently can't? Or no?

**Evelyn Boodaghians** [00:25:20]  
And then what?

**Bookmark: Kids' knowledge of tipping**

**Evelyn Boodaghians** [00:25:21]  
Do you think your kids know about tipping when it comes to food delivery?

**P16 Sari** [00:25:29]  
When it comes to food delivery, I don't think my daughter knows as much. I think my son knows to tip. I don't know if he knows how much.

**Evelyn Boodaghians** [00:25:41]  
OK, so it sounds like your daughter doesn't know as much. Your son might know, but not the amount. Yeah. What would you like? Hope that they know or want them to know or teach.

**P16 Sari** [00:25:55]  
Them well, I think, I think they both know to tip. Like I well, I know they both know to tip. I think they just may not be. They may be unsure of the amount when it's delivery or my son may be doing like the full amount as if it we were in a restaurant opposed to less if it's delivery. But my kids also know that I'd rather over tip than under tip.

**Evelyn Boodaghians** [00:26:20]  
OK. So in the household, it's kind of like over tip, then under tip.

**P16 Sari** [00:26:25]  
Yeah.

**Evelyn Boodaghians** [00:26:26]  
But there might be some Gray areas where they might not know like exactly how much. Yeah, OK, great. Just looking at my questions and what kind of motivated you to start like allowing them to order on their own? What was like the?

**P16 Sari** [00:26:50]  
Trigger for that probably convenience. It was we were going out or something was going on and I didn't have a chance to make dinner for them before and was just like, OK, I want you to order something.

**Evelyn Boodaghians** [00:27:13]  
And then you mentioned it and I want to confirm that your credit cards are on their accounts. Is that OK?

**Bookmark: Kids' access to their own money**

**Evelyn Boodaghians** [00:27:19]  
So I want to talk a little bit about your kids and their relationship to money. So currently, do your kids have access to their own money, either through allowance or jobs or anything like that?

**P16 Sari** [00:27:34]  
Yes, OK.

**Evelyn Boodaghians** [00:27:36]  
How does it?

**P16 Sari** [00:27:37]  
That the family rule is we we cover food for the most part.

**Evelyn Boodaghians** [00:27:41]  
OK, so they have access to their own money, but family rule is you guys cover the food.

**P16 Sari** [00:27:46]  
I guess like it's like in a like an unspoken family rule like that will cover their food.

**Evelyn Boodaghians** [00:27:52]  
OK.

**Evelyn Boodaghians** [00:27:56]  
So you said that they do have access to their own money. So can you tell me a little bit about that for your 18 year old and your 16 year old?

**P16 Sari** [00:28:04]  
What would you like to know about that?

**Evelyn Boodaghians** [00:28:06]  
So jobs allowances how?

**P16 Sari** [00:28:11]  
Jobs, gifts, my my son is now kind of maintaining more of his finances as it comes to invest investing, so he's been working more on dealing with his portfolio stuff. Where was my daughter's been saving her money?

**Evelyn Boodaghians** [00:28:31]  
OK. OK. So I think you mentioned does your son have a job or does your daughter?

**P16 Sari** [00:28:39]  
Do they? My daughter did have a summer job, Yes. OK.

**Evelyn Boodaghians** [00:28:45]  
And she's a saver. You mentioned OK versus your son. Did he have a summer job or anything like that?

**P16 Sari** [00:28:54]  
He did not well, well, he he's, he's he's start. He's he has a job, but it's not a paid one. He developed an app, so that's been his job.

**Evelyn Boodaghians** [00:29:06]  
Interesting. OK. But then you also mentioned he's like an investor or invest, he gets into investing. Did I hear that right?

**P16 Sari** [00:29:15]  
Well, he has like served his money that's invested already in certain accounts, but he's been monitoring and moving some things around.

**Evelyn Boodaghians** [00:29:24]  
OK. And where did that money come from?

**P16 Sari** [00:29:29]  
Just from gifts over time, OK.

**Evelyn Boodaghians** [00:29:33]  
OK, so we'll talk a little bit about your daughter. So she has a summer job, she's a saver. Does she have her own debit or credit cards or bank accounts or anything like that?

**P16 Sari** [00:29:44]  
She has her own credit card, yes, that's what she's kind of under. She has own card, but it's link tower account. She can't have her own card.

**Evelyn Boodaghians** [00:29:55]  
Yeah, OK.

**P16 Sari** [00:29:58]  
And the same thing with my son.

**Evelyn Boodaghians** [00:29:59]  
Same thing with your son. Great.

**Bookmark: Kids' spending habits and rules**

**Evelyn Boodaghians** [00:30:02]  
And what do you see her spending her own money on? Like the things that she gets from working or gifts.

**P16 Sari** [00:30:09]  
Clothes.

**Evelyn Boodaghians** [00:30:15]  
Are there any rules you guys have around what they can and can't spend their money on?

**P16 Sari** [00:30:22]  
There's kind of, I guess like they know to kind of check in when it's a certain amount. So they'll say like, is it OK if I get this if they're at the mall or something? So this conversation about that if we're not together.

**Evelyn Boodaghians** [00:30:37]  
OK. So it's kind of like based off of the amount of the item or the purchase, yeah. And what have you seen that like threshold to be for them where they're checking in versus not checking in?

**P16 Sari** [00:30:53]  
A lot of times I've noticed when it's kind of like over $50, they'll ask me.

**Evelyn Boodaghians** [00:31:02]  
And was that like something that came up naturally like a behavior or was it more?

**P16 Sari** [00:31:08]  
It came up naturally.

**Evelyn Boodaghians** [00:31:09]  
OK, OK. With regards to your daughter and then we can move to your son in a bit.

**Bookmark: Monitoring daughter's spending**

**Evelyn Boodaghians** [00:31:17]  
With regards to your daughter, is there anything you do to monitor or manage how she's spending using her money saving?

**P16 Sari** [00:31:26]  
Well, we receive the statements for all their spending, so we have an awareness as to what's being spent when and where. So if at any point we need to have a conversation with them, we would.

**Evelyn Boodaghians** [00:31:39]  
Has that need come up? Yeah or no?

**P16 Sari** [00:31:45]  
Not really.

**Evelyn Boodaghians** [00:31:50]  
Is there anything we you wish that you did have like more access or involvement to than you currently do at this point?

**P16 Sari** [00:31:59]  
No, OK.

**Evelyn Boodaghians** [00:32:04]  
And then your son, what do you see him like spending his money on?

**Bookmark: Son's spending on clothes and food**

**P16 Sari** [00:32:11]  
Clothes when he'll do like a big shop, like he'll do one or two big shops or three like a year and then it's close. And then outside of that like more day-to-day stuff would be food or or both of them like both go to CVS and buy stuff. That's what they need there.

**Evelyn Boodaghians** [00:32:29]  
OK. But it sounds like your son is spends a little bit more time, not spends a little bit more of his money on food sometimes than your daughter. OK, OK, that makes sense now that your son is going off to college.

**Bookmark: Son's food management in college**

**Evelyn Boodaghians** [00:32:50]  
Sorry to bring it up. I don't know. It's OK. What do you see about like, how do you think he'll manage his food when he's in college?

**P16 Sari** [00:33:01]  
I'm not sure he has. We signed him up for the meal plan so he has three meals a day. We communicated with him that we would like him to be taking advantage of the three meals a day. And then in addition to that, you know, we'll fill, we'll stock up his fridge with some stuff that he wants to have in the room. And then outside of that I have no idea.

**Evelyn Boodaghians** [00:33:30]  
Is he gonna be like in a dorm or apartment dorm dorm and will he have access to like a kitchen or is that not?

**P16 Sari** [00:33:37]  
He'll have access to a microwave and a mini fridge.

**Evelyn Boodaghians** [00:33:41]  
OK. OK. I gotcha.

**Evelyn Boodaghians** [00:33:49]  
I guess you mentioned that you've communicated that you would like him to take advantage of his meal plan. What oversight will you have into that, if any? Like will you know what he's doing?

**P16 Sari** [00:34:01]  
They'll be coming talking to him and he tell us.

**Evelyn Boodaghians** [00:34:04]  
I'm fine but no like way to check like I don't know how meal plans work but like to see when he's using I mean.

**P16 Sari** [00:34:13]  
Maybe, I guess if I logged on, but I'm not. I'm not going. I'm not like gonna helicopter him about it. I mean, he'd be honest if I asked him.

**Evelyn Boodaghians** [00:34:21]  
Yeah.

**Evelyn Boodaghians** [00:34:26]  
In your ideal world, what would kind of be your hope for how he, you know, has different sources for food? What would be like the ideal for you?

**P16 Sari** [00:34:37]  
My hope would be that, you know, he has friends and that he's going to have three meals a day at, you know, at the at the food hall cafeteria and then having snacks throughout the day. But he doesn't have snacks throughout the day. So that's not going to happen.

**Evelyn Boodaghians** [00:34:53]  
So probably not going to change when it goes to college.

**Evelyn Boodaghians** [00:35:03]  
OK, OK.

**Evelyn Boodaghians** [00:35:06]  
And then at any point in your kids life did they have allowances or is that not a thing? No it.

**P16 Sari** [00:35:11]  
Was anything?

**Evelyn Boodaghians** [00:35:13]  
OK, sounds good. I'm just gonna look at my questions here around money. OK, OK, so then we will move on.

**Bookmark: Caregiving for mother-in-law**

**Evelyn Boodaghians** [00:35:25]  
You mentioned at the top that you're also a caregiver for someone. Tell me a little bit about that. Who do you caregive for? What's your relationship?

**P16 Sari** [00:35:36]  
Can you get it from my mother-in-law after she had some medical issues? And as a result of that, it has, I've been at home less. So there are times that things were ordered more, food delivery was ordered more. And then when I would be, you know, at her house or at one point we were in our rehab center, I'd be doing food delivery there.

**Evelyn Boodaghians** [00:36:04]  
Gotcha.

**Bookmark: Responsibilities and changes in caregiving**

**Evelyn Boodaghians** [00:36:06]  
And so in the current day, what are your responsibilities as it comes to caregiving for your mother-in-law?

**P16 Sari** [00:36:13]  
Everything.

**Evelyn Boodaghians** [00:36:18]  
And does she live close to you or further away? Further away.

**Evelyn Boodaghians** [00:36:26]  
OK, tell me a little bit about so you mentioned everything. What does what kind of go through it, like grocery shopping, look like for your mother-in-law?

**P16 Sari** [00:36:38]  
Well she is on a feeding tube, so her food is based on that.

**Evelyn Boodaghians** [00:36:48]  
And you mentioned that like you've been at home less and so that's why food delivery is something that's come up. Have you seen any other changes that have affected like, I guess not emotionally, but like changes in your involvement or what you're able to do at home based on the fact that you now have to do this?

**P16 Sari** [00:37:10]  
No, like I said, just just my time is more limited. So convenience, you know, has been definitely some has been a priority for me.

**Evelyn Boodaghians** [00:37:22]  
That makes sense. 222 OK. And then are there other family members that are involved with caregiving for your mother-in-law or?

**Bookmark: Involvement of other family members in caregiving**

**P16 Sari** [00:37:34]  
My husband and his sister and an aunt.

**Evelyn Boodaghians** [00:37:38]  
OK.

**P16 Sari** [00:37:45]  
Great to do.

**Evelyn Boodaghians** [00:37:48]  
I think we can skip over some of these questions just given the circumstances of caregiving, but I'm just going to take a quick look through, OK, OK.

**Bookmark: Cooking, food delivery, and grocery**

**Evelyn Boodaghians** [00:38:03]  
Thinking generally now, we've talked about it a lot for your family of like cooking versus food delivery versus grocery. How do you feel like your entire system for managing food for the family is going? What's like working well? What do you wish you could change or improve about it?

**P16 Sari** [00:38:25]  
I think it's working well for us currently. The only thing I would change is having someone else prepare the meals for us, but that's not happening.

**Evelyn Boodaghians** [00:38:44]  
Have you guys ever done any of those like meal boxes where like, yeah, OK, tell me about your experiences with those.

**P16 Sari** [00:38:52]  
It's been a positive experience when everybody likes the same things, but but that doesn't always happen.

**Evelyn Boodaghians** [00:39:05]  
And do you guys currently use those or no?

**P16 Sari** [00:39:07]  
No.

**Evelyn Boodaghians** [00:39:10]  
So it was positive.

**P16 Sari** [00:39:11]  
Well I should I take that back my my husband will have? Yes, we are subscribed and his meals are already prepared.

**Evelyn Boodaghians** [00:39:20]  
OK, tell me a.

**P16 Sari** [00:39:21]  
Little bit we just tried it recently because he'll take some to lunch with him or sometimes he'll want to do his own dinner or whatever depending on his work schedule.

**Evelyn Boodaghians** [00:39:30]  
OK. So there's one that you guys are subscribed to now, but it's mostly just for your husband. Yeah. OK. Is that one where you like have to actually cook the meals or do they come or?

**P16 Sari** [00:39:43]  
Yeah, it's prepared.

**Evelyn Boodaghians** [00:39:44]  
Oh, OK. I think I know. I think one of those it's like factor I think is I'm like not as familiar. OK, what? Do you know which one he's using right now?

**P16 Sari** [00:39:55]  
Home Chef Tempo. It's called Home.

**Evelyn Boodaghians** [00:39:57]  
Chef Tempo, OK. In the past when we were sorry when we were talking about this in the past, has it been that case where they're already prepared or is it the ones where?

**P16 Sari** [00:40:09]  
I would cook them. It'd be yeah to cook them.

**Evelyn Boodaghians** [00:40:11]  
OK.

**Evelyn Boodaghians** [00:40:16]  
OK. That kind of leads well into the last subject I want to talk about, which is subscriptions that you currently have.

**Bookmark: Subscriptions: Home Chef Tempo, Netflix, Hulu, Spotify, Grubhub, Uber, Lyft**

**Evelyn Boodaghians** [00:40:22]  
So this can be outside of food delivery, but it can also include food delivery. So tell me like off the top of your head, what are some of the subscriptions that you or the family currently like have access to?

**P16 Sari** [00:40:36]  
There's, like I said, the home chef tempo, there's Netflix, Hulu, Spotify, like you said, Grubhub and all the food delivery ones, Uber, Lyft, what else? Trying to think. Those are the ones that come to my mind.

**Evelyn Boodaghians** [00:40:59]  
OK, so we talked about Home Chef, so we'll leave that one aside. So we'd like the streaming stuff like the Netflix, Spotify.

**Bookmark: Sharing streaming subscriptions**

**Evelyn Boodaghians** [00:41:07]  
Tell me a little bit about who in the family uses them. Who doesn't?

**P16 Sari** [00:41:11]  
 we all do.

**Evelyn Boodaghians** [00:41:14]  
And does everyone have their own subscriptions? Is it one subscription?

**P16 Sari** [00:41:19]  
One subscription with different, I guess different profiles, but we don't really use them.

**Evelyn Boodaghians** [00:41:27]  
Tell me more about that. You don't really use those.

**P16 Sari** [00:41:30]  
Like when we log on to TV, like I'll just log on with like my husband's profile 'cause it comes up first.

**Evelyn Boodaghians** [00:41:41]  
And how do you feel like that's going on, the sharing of these?

**P16 Sari** [00:41:46]  
It depends on what it is. So you know, so for you know, so we were sharing, initially we were sharing like the ChatGPT, the paid version subscription. And then my husband was getting annoyed because he was seeing like all of my ways I was using it and it wasn't just his stuff. So then he got separate accounts for us. Spotify kind of gets annoying because like if I go in my car, then I'll play what he was listening to. So we've been trying to figure out a way to separate it. There is a way, but we haven't set up the cars that way. So sometimes it's sometimes it's annoying if I guess if it's interfering with something that we're already doing.

**Evelyn Boodaghians** [00:42:41]  
And then the kids with access to this, do you guys monitor and manage any of that or not so much? OK.

**Bookmark: Paid subscriptions for food delivery**

**Evelyn Boodaghians** [00:42:51]  
And then you mentioned Grubhub is something that you guys use. So do you guys have you guys have Grubhub plus or the subscription or just the regular Grubhub?

**P16 Sari** [00:43:01]  
The regular.

**Evelyn Boodaghians** [00:43:02]  
OK. With any of the food delivery apps, do you have like there the paid subscription?

**P16 Sari** [00:43:08]  
My husband has Uber eats the paid but but I don't.

**Evelyn Boodaghians** [00:43:17]  
Tell me a little bit about that. So your husband has the paid subscription, but you don't use that?

**P16 Sari** [00:43:24]  
Well, I would use it if I'm ordering from them and we're together or something like that, but I don't know why he paid for it. He's at the office so I guess he thought it made sense for him to do for whatever reason.

**Evelyn Boodaghians** [00:43:37]  
So if you guys were to order off of Uber then you would use his?

**P16 Sari** [00:43:41]  
Maybe it depends.

**Evelyn Boodaghians** [00:43:43]  
What is it?

**P16 Sari** [00:43:44]  
Like if we're together, if we're not together, if. Yeah. So just depend.

**Evelyn Boodaghians** [00:43:53]  
OK.

**Bookmark: Use of Uber and Lyft**

**Evelyn Boodaghians** [00:43:54]  
And then with Uber and Lyft, is are those the paid subscriptions or just the base?

**P16 Sari** [00:43:59]  
They're regular.

**Evelyn Boodaghians** [00:44:00]  
That's OK, No, no problem. Do your kids use Uber and Lyft or is that more?

**Bookmark: Son's usage of Uber and Lyft**

**P16 Sari** [00:44:06]  
My son does.

**Evelyn Boodaghians** [00:44:09]  
And does he have his own account or is it linked to yours?

**P16 Sari** [00:44:13]  
He has his own account.

**Evelyn Boodaghians** [00:44:15]  
In what situations do you see your son using Uber and Lyft?

**P16 Sari** [00:44:20]  
When he's come home from the airport, if he, if he's going, you know, I guess it's where airport or if he's travelling times that he's away from home.

**Evelyn Boodaghians** [00:44:34]  
OK. And in those cases, how much like oversight or involvement do you have? No.

**P16 Sari** [00:44:42]  
No.

**Evelyn Boodaghians** [00:44:45]  
And how do you feel about that?

**P16 Sari** [00:44:47]  
I'm fine with that.

**Bookmark: Daughter's usage of Uber and Lyft**

**Evelyn Boodaghians** [00:44:51]  
Does your daughter use any of these services ever or not so much?

**P16 Sari** [00:44:55]  
She has usually like I'm not letting her go alone so it'd be if she's with a friend or something.

**Evelyn Boodaghians** [00:45:04]  
Tell me a little bit about that. Not like that was.

**P16 Sari** [00:45:07]  
Before that was before she had her license. So if she wanted to go to the mall with her friends and I couldn't take her and none of them were driving at that point, then, you know, then she would be like, can I take an Uber, a Lyft to the mall?

**Evelyn Boodaghians** [00:45:21]  
And how would it work? What was like the process, who called it, things like that? She did.

**P16 Sari** [00:45:28]  
She is the app on her phone.

**Evelyn Boodaghians** [00:45:32]  
You mentioned that you didn't want her going alone.

**Bookmark: Safety concerns for daughter using Uber**

**Evelyn Boodaghians** [00:45:35]  
Tell me about that.

**P16 Sari** [00:45:37]  
She's just like a young, beautiful girl. So I don't, you know, I still kind of want to protect her.

**Evelyn Boodaghians** [00:45:46]  
In those situations when she was calling out on her own, what oversight did you have or involvement there while she was?

**P16 Sari** [00:45:57]  
She would just ask me if it was OK. I'd say yes or no.

**Evelyn Boodaghians** [00:46:02]  
Is there anything that in those cases you wish you could do or manage or see when she was going in the Ubers alone or not so much?

**P16 Sari** [00:46:14]  
Well, I didn't let her go alone.

**Evelyn Boodaghians** [00:46:15]  
Oh, sorry, with a friend. Sorry.

**P16 Sari** [00:46:18]  
No, 'cause I have her like I have her phone. I could always call her or text her or FaceTime her if I wanted. I mean, would it be a nice feature like to set it up like to let me know when they arrived at the destination, you know, and even like kind of like Amazon does a screenshot of a drop off package. If it was kind of like if I got a screenshot, that'd be amazing, but I don't have that.

**Evelyn Boodaghians** [00:46:41]  
Yeah, in an ideal world.

**Bookmark: Desire for alerts or notifications**

**Evelyn Boodaghians** [00:46:43]  
So you mentioned like, it'd be nice to get something when she arrived, even a picture, Anything else that would be like nice in an ideal world?

**P16 Sari** [00:46:51]  
Just just an alert, I guess. But then that's where like Life 360 comes into place, because Life 360 will Alert me when she's arrived someplace.

**Evelyn Boodaghians** [00:47:01]  
OK. So that kind of works as a workaround like that out.

**Evelyn Boodaghians** [00:47:09]  
OK, great. Do do I think those are all of our questions today? Let me just look.

**Evelyn Boodaghians** [00:47:24]  
Yeah, I think that covers everything. Thank you so much for your time. I appreciate it. I'll go ahead and mark off in user interviews that you were here. They'll handle all the incentives, but if there's any issues, please feel free to reach out to me via user interviews.

**P16 Sari** [00:47:37]  
Great. Thank you. I hope this is helpful.

**Evelyn Boodaghians** [00:47:38]  
Have a good rest of your day you.

**P16 Sari** [00:47:40]  
Too. Bye.

## **Notes**